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Fairy tale comes to Phillips Hall

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el Don

Vol. LV No. 16

SANTA ANA COLLEGE

"The highest reward for man's toil is not what he gets for it but what he becomes of it."
-John Ruskin

Friday, Jan. 16, 1981



ANYMORE LEAKS? -- Last Thursday, around noon, the ground surrounding B-Building exploded into flames. Maintenance workers had unknowingly broken a gas pipe under ground while replacing a regulator on the line entering the Veteran's Center.

Checking for leaks with a cigarette lighter reportedly caused the explosion which lifted the Vet's Center off the ground, sending people and equipment flying. Other than singed hair and hurt pride, no one was injured, school authorities said.

(photo by Mike Schwartz)

'Free hour' idea faces resistance

While the proponents of the recently proposed "Free Hour" concept expressed the virtues of the idea, faculty members and administrators raised questions concerning the feasibility of a "college hour."

The "Free Hour" concept, which refers to a designated hour in which no classes would be scheduled at the same time each week, was supported in an ASSAC senate resolution on Jan. 5 which called for ASSAC to "assist the SAC administration in the investigation and implementation of this concept."

In order for a free hour to be included in the master class schedule, it must be approved by the Board of Trustees. ASSAC senator Jim Morley, who sponsored the resolution, said that "we can influence the board. If we get campus-wide support the board will more than likely go along with it."

According to Morley, the adoption of the "free hour" plan would allow students to attend events that they presently cannot participate in because of conflicting class and activity schedules; which would result in

by Ken Lamb
Staff Writer

an increase in the attendance of the programs.

Don McCain, dean of students, agreed with Morley. "There's a direct correlation between (successful) student government and activity programs and a 'free hour.' The dean added that "we think there's a need for this kind of thing, but from a political point of view, we need to substantiate that need."

SAC President Bill Wenrich, while saying that ASSAC "should raise the question and find out the facts about the impact of a 'free hour,'" voiced his doubt about the idea. "Whether their (ASSAC) concern really represents the students as a group...you really can't tell. I'm not convinced that more people would actually come to the events."

Until approximately 12 years ago, a college hour at SAC was scheduled on Tuesday and Thursday from 11 to noon. Vernon Armstrong, dean of Planning and Development who has worked at SAC since 1961, asserted that the free hour ended because "there were overwhelming numbers of people who wanted classes (rather than a free hour)."

Armstrong reasoned that the desire for classes during the hour resulted from a "demographic change of major proportions," which was taking place at the time. "There was a time when the average student took 15 units and didn't work," Armstrong reported. As the age of the average student increased and most of the students took fewer units and

Please see FREE HOUR page 2

Study to tell if SAC pays fairly

Job Survey looks at SAC classified employees' duties

by Mike Kroll
Staff Writer

Are the classified employees at SAC doing more than they are getting paid for? That question will be answered for the Rancho Santiago Community College District soon.

Since October, there has been an RSCCD-sponsored job reclassification survey taking place on campus. The study is being conducted by Hays Associates, which according to Peter Parra, director of personnel at SAC, is a worldwide organization that specializes in this type of counseling.

According to Parra, this survey was prompted because the District expressed a concern that the job description which some of SAC's classified employees are

working under may now be obsolete.

"Our job descriptions (the outline of a worker's duties) may be two, three or four years old, and they may no longer fit what a person is now doing," the director explained.

Hays will conduct the survey in two stages. The first involves circulating a questionnaire among all of SAC's classified employees, and then interviewing employees and their supervisors.

This process gives them the opportunity to examine the job requirements of every employee and the pay received for that work.

The second stage of the process takes place when the surveyors go out into the job market and talk to other employers to determine how SAC's pay scale compares with

the "going rate."

Hays Associates is scheduled to turn in a report of its findings along with a recommendation for action on them to the District Superintendent Bill Wenrich in February.

Although Parra said that it is difficult to predict exactly what the results of the survey will be, he did feel that there will be some impact on payroll.

Parra went on to say that, by law, employees' pay cannot be reduced because of this survey. "A reclassification study never means less money (for employees), it always means more."

Because of the Collective Bargaining Law, regardless of the results of the survey, the administration cannot negotiate

with the employee personally. All contracts must be negotiated with the employees' exclusive representatives.

For the so-called "blue collar" employees, that representative is the California State Employees Assn. (CSEA). The CSEA workers are currently working without a contract and negotiations are at an impasse. Parra said that, regardless of the results of the survey, it will probably "not be an issue in negotiations with CSEA."

Parra pointed out that the contract for the "white collar" workers, represented by SACCEA, expires June 30 of this year. He speculated that, although nothing is definite, the Board might wait until then to act on the results of the survey.

Appointee adjusting to position of trustee

by Lisa Redfield
News Editor

Vernon Evans, the recent appointee to the Rancho Santiago Community College District Board of Trustees, has made quite a few adjustments in the last month-and-a-half.

Making his first appearance with the Board at last Wednesday evening's meeting, the former Santa Ana mayor has had to adjust to a new job, to moving from the East Coast to the West Coast and to finding himself involved with a school district.

Evans moved from Florida back to Santa Ana last Nov. 30 when he switched from working with American Title Insurance to Safeco Title.

"I thought I was going to be sent to San Bernardino," said the 40-year resident of Santa Ana. "I won't miss the Florida summers, but it is tough changing jobs."

When asked about how the Santa Ana City Council might vote on the cable television station, Evans did not know of the college's involvement with it. He did say

though that there is a "lame duck mayor, lame duck (Harry) Yamamoto and four seats are up for re-election in March, so they probably will make no decision until then."

Evans also said that he was confident because being away the 18 months "gave me an opportunity to step back and really see things and bring a new perspective to the Board."

He also believes that serving eight years on the Santa Ana City Council was long enough. "It was time to go on and new blood is essential to any group. You have to be in it to understand that you have to get away from the pressures."

The appointee does not see his new position in a political light.

"I'm not the mayor. I'm not on the city council. I'm a citizen representing the community," he said.

So, after 18 months away, the newest board member finds himself representing a community and a community college in the midst of change.



AND OVER THERE IS -- Board of Trustee appointee Vernon Evans (l) gets a tour of the campus with SAC President Bill Wenrich (center) and Vice President of Academic Affairs Richard Sneed. Evans' first board meeting was Wednesday.

(photo by Mike Schwartz)



LINING UP -- With the end of the semester also comes the beginning of another. Students will be registering for classes until next month when the spring semester opens Feb. 2.

(photo by Gregg Griswold)

College aids addicts by initiating program

by Lisa Redfield
New Editor

Phoenix -- a mythical bird that consumed itself in fire, rising from the ashes into a beautiful new bird.

The Phoenix House, a drug rehabilitation center in Santa Ana, like that resilient winged creature, is helping its inhabitants by giving them a renewed opportunity in life. Santa Ana College is now contributing to the effort by allowing some of the home's residents to take classes.

The program, initiated by Dawnita Jones, vocational director at Phoenix House, and John Aguila, New Horizons counselor, began at SAC late this fall with four of the students enrolling in one of the minisemester psychology classes. "It's the first program of its kind for a drug rehabilitation center," exclaimed Jones. "It's one of the things I like best here--they will try something new."

The program at Phoenix House for ex-addicts lasts one year. During the first nine months, the residents undergo intensive counseling and sessions in school. Until this semester, all the courses had been at the center, but now many of the students can earn the privilege of taking classes away from the Phoenix complex on Santa Ana Boulevard after being there six months.

How are the new students handling their present on-campus psychology and vocational guidance courses?

"I felt uncomfortable when I first got here," said Pedro Reyes Torres, "I tell people where I'm at and it blows them away. It blows my mind at times too. Now I really enjoy it and I'll probably take some more classes."

Lee James added, "People aren't aware of where we're from, but the instructors have gone out of their way to help us."

On of the biggest problems encountered has been financing books. The students receive only \$3 a week from the center and since they are only taking three units they are not eligible for financial aid. By pooling their resources, they could buy one book. But, according to James, "It was hard to share and so John (Aguila) paid for two of them out of his own pocket and the instructor let us use her complimentary copy from the publisher."

At the moment neither Torres nor James is sure where they will go next. Both are positive they will not go back to dope.

"I've never been clean and free before at the same time," said James.

"Yeah, the only time I was ever clean was when I was in jail and I never want to go back to what I was again," Torres concluded.

Finals happen next week; new semester to follow

by Mike Kroll
Staff Writer

The semester is almost over now and it's time to breathe that sigh of relief, right? Not yet, final exam week is still ahead.

For some SAC students, final week means little more than going to class at different times and staying a little longer.

For others, it can mean a couple of weeks of cramming during every spare moment, building up to a climax with the taking of a two-and-a-half-hour exam.

It is unlikely that too many students on the campus go through this type of preparation for finals in all, or even most, of

their classes. Certainly, most do something to get ready for finals, but they do so in a more relaxed manner than is described here.

One of the toughest aspects of finals is knowing what to study to get ready for them according to Terry Pryer, a student at SAC. "They're only going to ask you about one-quarter of what you have to study. Then they always ask you about the things you studied least."

One SAC student did not express as much melancholy over the prospect of taking final exams. "I look at them as just another test or class activity. Sure I study, but my attitude when I take it is more relaxed."

Once finals are over, SAC students have to worry about their plans for next semester, which starts only a week after this one ends.

Registration for spring semester is going on right now and will continue until January 30. Monday, February 2 is the first day of instruction.

Finals week is the time, supposedly, when all of the learning for the entire semester comes together in one final blaze of glory. For many students, this may not be the case, but at least it signifies one more completed step in the road to an academic goal.

FINAL EXAMINATION SCHEDULE

Time	Tues., Jan. 20	Wed., Jan. 21	Thurs., Jan. 22	Fri., Jan. 23	Sat., Jan. 24	Mon., Jan. 26	Tues., Jan. 27
8 am to 10 am	Classes meeting 8:00 to 8:30 TTh, T, Th	Classes meeting 7:00 to 7:30 Daily any four days, MWF, MW, WF, W	Classes meeting 9:00 or 9:30 TTh, T, Th	Classes meeting 9:00 or 9:30 Daily any four days, MWF, MW, WF, W, F	Classes meeting 8:00 or 8:30, 9:00 or 9:30 Sat	Classes meeting 8:00 or 8:30 Daily any four days, MWF, MW, WF, W, F	Classes meeting 7:00 or 7:30, T, TTh, Th
10:30 am to 12:30	Classes meeting 11:00 or 11:30 TTh, T, Th	Classes meeting 10:00 or 10:30 Daily, any four days, MWF, MW, WF, W, F	Classes meeting 10:00 or 10:30 TTh, T, Th	Classes meeting 12:00 or 12:30 Daily, any four days, MWF, MW, WF, W, F	Classes meeting 10:00 or 10:30, 11:00 or 11:30 Sat	Classes meeting 11:00 or 11:30 Daily, any four days, MWF, MW, WF, W, F	AVAILABLE FOR SPECIAL & MAKE-UP EXAMS ARRANGED CLASSES
1 pm to 3 pm	Classes meeting 12:00 or 12:30 TTh, T, Th	AVAILABLE FOR SPECIAL EXAMINATIONS	Classes meeting 1:00 or 1:30 TTh, T, Th	Classes meeting 2:00 or 2:30 Daily any four days, MWF, MW, WF, W, F		Classes meeting 1:00 or 1:30 Daily any four days, MWF, MW, WF, W, F	Classes meeting 1:00 or 1:30 T
3 pm to 5 pm	Classes meeting 2:00 or 2:30 TTh, T, Th	Classes meeting 3:00 or 3:30 Daily, any four days, MWF, MW, WF, W, F	Classes meeting 3:00 or 4:00 TTh, T, Th	Classes meeting 4:00 or 4:30 Daily, any four days, MWF, MW, WF, W, F			AVAILABLE FOR SPECIAL & MAKE-UP EXAMS ARRANGED CLASSES
5 pm to 7 pm	Classes meeting 5:00 T, 5:30 T	Classes meeting 5:00 W, MW, 5:30 W, MW	Classes meeting 5:00 Th, 5:30 Th, TTh			Classes meeting 5:00 M, 5:30 M	
6 pm to 10 pm							Classes commencing 6:00 or later will have their final exam scheduled during the first class session of the exam period.

STUDENTS WITH CONFLICTS IN SCHEDULE SHOULD CONTACT DR. BATEMAN IN THE ADMISSIONS OFFICE. SEMESTER GRADES ARE DUE IN THE ADMISSIONS OFFICE - THURSDAY, JANUARY 29, 1981.

FREE.....

cont. from page 1

worked more, the student body became less interested in the activities and clubs.

Speech and theatre instructor Bob Blaustone, a 22-year veteran at SAC who was in charge of the booking of Phillips Hall at the time of the "college hour," commented on the participation of the students. "So many times I had to meet the talent when there were only 10 people there or only one-fourth of the house was occupied when it should have been filled. I had to make excuses for the school."

If the "free hour" concept is to return to SAC, some important questions will need to be answered, and the free hour advocates will need to demonstrate their persuasive skill to all people involved.

News briefs

Dermatologist to speak to club

Dermatologist Dr. Harold Allen will discuss cosmetics, foods and how they relate to the skin, and other topics with the Home Economics Club Wednesday, Feb. 11 at 1 p.m. in T-212.

The public is invited to attend.

For more information call 667-3097.

Learn to dance rhythmically

Need some exercise, but don't like to jog?

Instructor Sylvia Turner is offering Rhythmic Dance Exercise for the spring semester.

The nine-week course begins Monday, Feb. 2 from 5:30 to 6:30 p.m. in G-108.

For more information call 667-3010.

BBQ to celebrate semester's end

The final barbeque and concert for the semester will be held today in the amphitheatre from noon to 1 p.m.

It's free with a library card or 25¢ without.

Forensics to compete in three tournaments

While most students will only have exams and what to do during semester break to worry about, the Speech Team will compete in tournaments in Long Beach, Los Angeles and Pomona.

Today and tomorrow the forensics team has entered 10 in the '49er Invitational at Cal State, Long Beach. The weekend of Jan. 23 and 24 they go to Cal State, Los Angeles. The biggest tournament is the D.L. Miller Invitational at Cal Poly Pomona Jan. 30, 31 and Feb. 1.

el Don marks last edition for semester

el Don is on the stands for the last time this semester. The next issue will be available in early February. The editor next semester will be Laura Mencum.

The staff hopes you have enjoyed the paper and it has been of value to you. We would like to thank the Publications Center for the patience and understanding afforded us during the many late nights spent trying to get the paper "to bed." Those who work there are to be congratulated for putting out quality printing.

Thanks go to the Board of Trustees, publishers of el Don, for their support for the journalism program.

Good luck with your exams!

el Don

We offer more than you think



Take responsibility for your attitude

The influx of refugees into Orange County is becoming a major issue because of the attitudes of those who lived here before the fall of Saigon.

Articles in this week's *el Don* attempt to bring out both sides of the problem. However, since this is a crisis-oriented society, most will see and remember only the side which brings out the negative aspects. People say they understand what the refugees have gone through, thinking they can empathize with someone who has lived in a war-torn country all of their life.

Most certainly, there are some Viet Cong who made it to this country. Some of them killed American soldiers, or crippled them for life. But, most of the refugees are people who never left their village until the Communists sent them to camps.

They have escaped from an invading army and spent months or years in some of the most inhumane conditions ever to exist on this planet. They sit at night and wonder if their wives or husbands or children or brothers and sisters are still alive. Are they being tortured? Do they have enough to eat? Have they escaped and headed for this country? Will they be mistreated when they get here? The answer to any of these questions could just as easily be yes as no.

So, the next time you think about a refugee and want to say you understand their problems, but... Don't.

If you are going to have ignorant hostility toward another human being, own up to the responsibility for those feelings. Don't state excuses for them, just accept the fact that you are too narrow-minded to understand.

—el Don

From the Lion's Den

Ethics must prevail over friendship

When a person decides to be a journalist, whether as a student or professional, there is a code of ethics he or she must follow. Many times, situations will come up that test the person's ability to put subjective feelings aside and function as that code demands he function.

There are times, though, when the person may feel that his actions are "ethical," but are still not "right." If this sounds confusing, it's because the situation I'm talking about is confusing.

See, Tom Cooper, editorial editor for *el Don*, has some complaints about the way the paper has been handled this semester. He also had some personal problems which added to his mounting frustration and produced a rather irrational mood for him. He has gathered his senses for the most part, yet I feel troubled over his wanting me to print a letter he wrote to me as editor.

The letter explains why he resigned from the *el Don* and makes a couple of accusations toward the instructor. In my



by Pete Maddox
Editor

opinion, this could be considered libelous and subject Tom to a law suit. Therefore, I feel an obligation not to print it.

On the other hand, I feel obligated to Tom to allow him the opportunity to voice his complaints both about the advisor and myself. However, he would not change the wording or the tone of his letter.

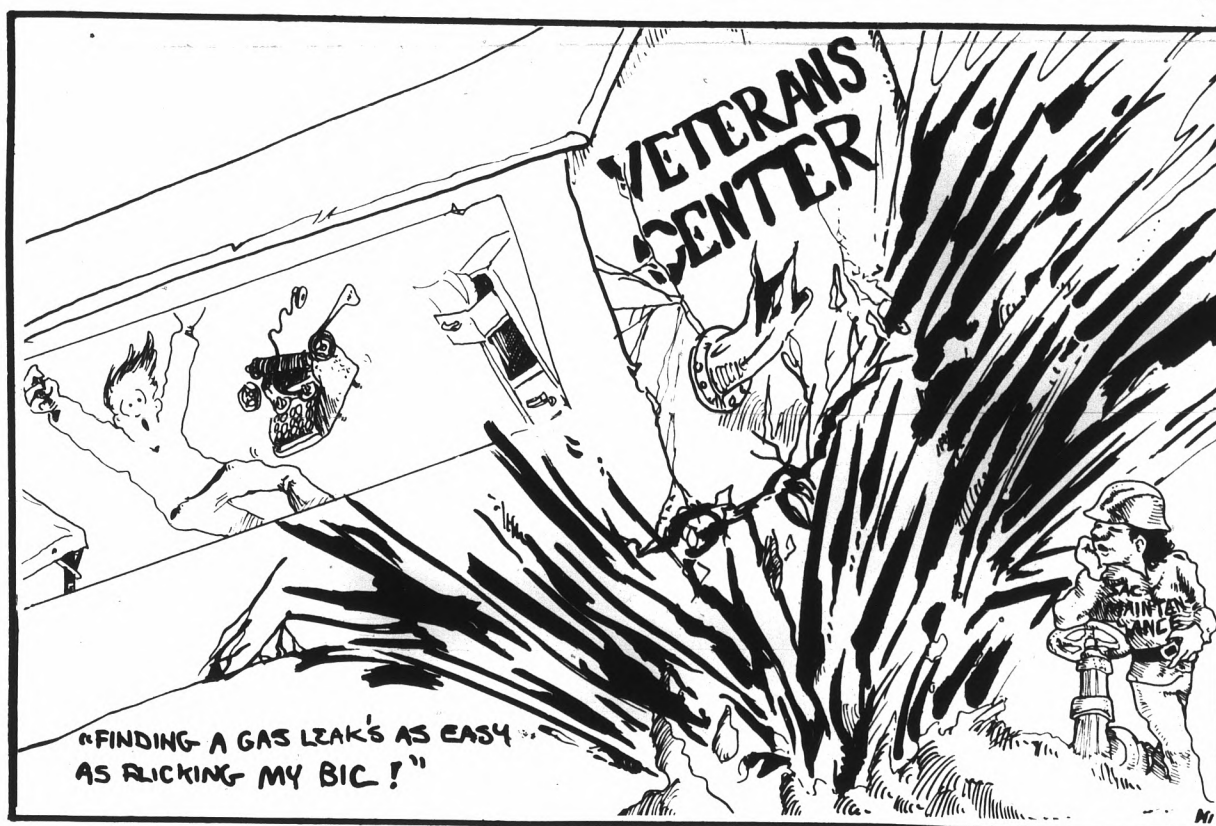
Because of my stance and other actions Tom does not agree with, he feels I have sold out or that I am white-washing things. He says people are being held back and the paper is not functioning as it should.

I do not agree with him on all counts and have made the attempt several times to talk with him in a manner that is constructive. But, there comes a time when two people must realize they are not going to agree no matter what they do and quit trying. This is what I have done.

The conflict, if there is one, comes from my being the editor of *el Don*. Though it is not a national newspaper or even one which carries any weight outside of the college, I still have that set of ethical codes I must follow if I am to fulfill the requirements of the job.

I cannot allow friendships to influence my decisions. Nor can I allow politics to interfere with the way things are handled. Regardless of the situation, I have to go with what is considered ethical or I'm not worthy of the position. And I feel as strongly about my responsibility to function in this manner as I do anyone who's actions I have questioned in my stories or columns.

The free press in this country is part of the reason you and I are free. But since it can be used to destroy people, there are laws which are meant to protect those whose names are mentioned in print. If those laws are not upheld, the press is subject to even tighter restrictions and the freedom of the press could be lost. And that, even at the college level, must outweigh friendship.



THE DRAFT:

It's not just for the few

by Ty Wivell
Staff Writer

I am on the verge of adulthood. I'm an 18-year-old male in my last year of high school or starting a new career in the college realm. I have the free right to vote -- to make a decision for myself and my country. But do I have the free right to choose whether or not I register for the selective service?

As an 18- or 19-year-old male, you can expect this month to receive orders to march in double-time down to the nearest local post office and enter your name, address and phone number to be placed on file in the event of a peace or war-time draft.

The entire process is not new. In fact, the draft board dates back to World War I and has continued when needed throughout the recent Vietnam War.

Yet, the newly enacted registrations, necessitated by the hostage situations in Iran and the Russian invasion in Afghanistan,

have created turmoil, controversy and demonstrations across the country, which have resulted in a minor revolt against the nationwide project.

They're crying for peace not war, love not hatred.

However, I'm quite sure if you confronted a demonstrator, he'd proudly tell you he is an American citizen -- an American exercising his free right of speech. A right many countries do not have.

Being proud enough and even fortunate enough to be part of this nation should also mean standing tall enough for it, not helping in its demise.

After all, the selective service doesn't mean your induction into the Armed Forces except in the event of war. It is just a registration the way President Carter has designed it.

So raise all the hell you want for now, but don't cry when you don't have the freedom to exercise any rights at all.

Letters to the Editor

Senate Elections

I wish to at this time clarify my remarks which were published in a recent issue of *el Don*, (Jan. 9, 1981). It was my position during the counting of the ballots and still is my position that all by-laws concerning the mechanics of the recent Senate election were followed to the letter.

This is regarding the actions of the candidates and the actions of the Election Committee, of which I was a member. My word of concern was that the replacement procedure used by President Mario Diaz may be considered by some as unconstitutional. As for not having a Commissioner of Justice, this was handled in the same manner as if Mr. Schwickerath had taken ill, a procedure outlined in the ASSAC Constitution and used earlier this year in another high-level vacancy.

Thus, his absence could not have effected the legality of the election.

James Morely
ASSAC Senator



THEY'RE THE ONES--*el Don* staff members who brought you the paper each week during the Fall '80 semester. Front row from left: Julie Michael, Lisa Fuentes, Laura Mencum, Alice Casbara, Mike Schwartz. Back row: Bill Hammon, Les Davenport, Ken Murphy, Dave Cooper, Pete Maddox, Lisa Redfield, Kitty

Pavlish, Brian Leon, Ken Lamb. Not shown are: Steve Ambrosius, Farzaneh Ghaemi, Gregg Griswold, Jeanine Hill, Mike Kroll, John Soderman, Sandy Williams, Ty Wivell and advisor, Terry Bales.

(photo by Mike Schwartz' camera)

Indochinese students in land of rich is a dichotomous clash of cultures

Some say 'go home' Refugees start anew

by John Soderman
Staff Writer

The American veteran of Vietnam spoke in machine gun-like outbursts in between drags on his cigarette.

"Yeah...I remember recently when I was sitting in the Snack Bar behind some Vietnamese. Right away I recognized their dialect and I wondered..." the cigarette smoke escaped from his tightly pursed lips like gunpowder oozing from a hot rifle muzzle. "Is that the same son of a b---that was shootin' at me in 'Nam?"

Before you say "improbable," consider the following account of an Orange County Sheriff's Deputy who works in the County Jail.

"As we were doing the routine search of a Vietnamese male arrested for burglary, we discovered a horrifying photograph in his wallet. We found a picture of him in a Vietcong outfit armed with an AK-47 standing over two dead marines. Without a doubt it was him in the picture," the deputy stressed.

Next to the San Diego suburb, Linda Vista, Orange County is the mostly highly impacted area of the United States for Indochinese refugees.

More importantly, SAC has the largest Indochinese student enrollment of any college in the entire nation.

There are approximately 4,000 Indochinese students taking classes for credit in addition to Adult Education courses. Although the dealings of the typical native SAC student with the refugees may not necessarily be akin to the two previously mentioned incidents, their presence has definitely not gone unnoticed by the non-Indochinese sector of Orange County. For example, in Garden Grove, concerned parents removed their children from public elementary schools when mistaken reports of cases of tuberculosis traced to Indochinese students were discovered. There was even one reported case of leprosy.

While to some it is a clear case of the minority replacing the majority, others say that should accept these people who have been forced for

political reasons from their homelands with open arms. At best it is a case of the clash of two cultures.

Ironically, the Indochinese refugees are trying to start their lives over in one of the wealthiest counties in the nation. Without assistance from the government, they would probably not be able to make it.

As student Julie Michael remarked, "I know some hardworking young couples who can't afford a house, yet some of these Indochinese people get low interest loans for homes and they aren't even Americans. I think we accommodate them too much."

"If they want to become Americans fine...but let them become Americans the way everyone else did," Michael continued. "My family came from Syria with just the clothes on their backs and no one helped them."

Student Rick Cools expressed a different viewpoint:

"It's a sad situation that we bend over backwards for these people and they don't seem to appreciate it," Cools stated. "Here we are struggling for an education just as hard as they are and yet they get everything for free. Yeah it bothers me. They're unappreciative. They don't say 'hi' and they're righteous," he said without flinching.

"I remember once when an Indochinese student was cheating on a test right from my paper and I said to the teacher, 'Hey, one of the members of the Yacht Club (Cools' slang for 'boat people') is cheating from my paper' and the teacher didn't do a thing," Cools recollected. "If they get any more forward I think there will probably be a white backlash."

But Dean of Social Sciences Lee Layport was quick to discount the possibility of a white uprising in the county.

"Actually I think that the incipient problems will be mostly between Chicano and Indochinese especially since skills and labor are ultimately provided by minorities in the county. The addition of an Indochinese ethnic minority may cause dislocation or displacement in that the Chicanos and Indochinese will be competing for jobs, but I think this competition will smooth out," Layport opined.

In the light of the influx of Indochinese refugees to Orange County, a number of problems have been realized for both the refugees and the non-Indochinese sector. The comments contained herein are not meant to be representative of the entire SAC student body. Those persons interviewed were selected randomly and agreed to be quoted. With the largest Indochinese student enrollment in the nation, however, the situation at SAC is one worthy of being addressed.

by John Soderman
Staff Writer

Cambodian student Ly Kean Hahn had some qualms about becoming a student in his native Cambodia.

Simply put, if you were a student, the Communists killed you.

While Ly is just glad to be in a country where senseless killings are not quite yet a way of life, his three sisters and one brother were not as fortunate.

"They were all killed," Ly struggled to say.

"We only got one bowl of rice a day and we just got thinner and thinner," added Cambodian refugee Sung Chau Ly. "We escaped from Cambodia on foot but we took a 747 to America," he smiled.

Although the inherent problems of acclimatization to a new culture have not been easy for many of the Indochinese refugees, talking to students like Ly and Sung shows us one thing...they are just glad to be here.

"Of course they are relieved to be away from the Communist regime," vouched Sunny Laub, who is the director of American Language Programs for the SAC Language and Assessment Center. "To them, this is the land of opportunity. The streets are gold to them. They can do what they want. In Cambodia, for instance, if you had over a certain amount of education you were shot. The Cambodian people had to sometimes pretend they were retarded to avoid being killed."

"The family is the center of their culture and the ground where their grandparents are buried is considered sacred. This reverence for the homeland leads to a guilty feeling for having left. For example, we have a counselor who was just reunited with his wife," Laub recounted.

"Of course most of the Indochinese students won't tell you how they feel inside. There is something called the 'guilt syndrome' which many of them suffer from. Many of the Indochinese still have family back home and as a result there's kind of a 'why me?' feeling of guilt," Laub stated.

"Aside from the guilt syndrome there are other problems that have to be overcome," she continued. "You've got people from the farms and villages as well as the mountains who never even saw the big cities in their own country and when you throw them into our highly technological society, there's quite an adjustment to be made. However, it's important to realize that the Indochinese are highly, highly motivated...especially when it comes to getting an education," she said.

"To them, education is a No. 1 priority. Families will sacrifice much to educate their children. In their culture there is no such thing as starting at the bottom and moving up," Laub pointed out. "Once you are a janitor, you are a janitor for life."

"I don't think we're lowering the educational standards by having them. In many cases their academic qualifications are higher than the American students in areas such as math and chemistry. The problem is one of language. I'm sure it's terribly frustrating for a teacher to have half the class not even understand the language," Laub pointed out.

"All in all, the Indochinese feel that the Americans have been very nice to them. Of course the ones who may resent them treat them nice to their face. But as inflation goes up and jobs get scarcer, the people have to lash out at somebody," she concluded.

New Horizons Learning Specialist, Phong Nguyen, explained that if any problems exist, they are limited to student-instructor relationships.

"The students don't want to live on welfare and they want to get off it. As a result they will sign up for some intermediate classes so they won't lose their status," continued Nguyen.

"This is where the inability to speak English may cause frustration. You see, the Indochinese are very concerned about face-saving. They are all extremely ambitious. Some are lawyers, doctors and pharmacologists and they don't want to lose their status," emphasized Nguyen.

While the influx of Indochinese refugees may slow in coming years, SAC is expected to be a major transitional learning center for these displaced people for quite a while. How instructors and native-born students adjust to the situation will continue to be a classic case study of modern sociology.

Viets confused

by Lisa Redfield
News Editor

A test is being taken and several students are talking together in Vietnamese. Are they cheating?

An agricultural expert from Southeast Asia comes to the United States and works for minimum wage as a teacher's aide in a Chinese school.

With the tremendous influx of Indochinese, instructors and students at SAC are coming up against many problems not encountered before. The most prevalent problem is communication or, at times, lack of it.

"Many of the Vietnamese took English in school, but cannot speak it well or hear it well," stated Nguyen Phong, counselor at New Horizons.

Nguyen also pointed out that many of the Indochinese were professionals before coming here and must relearn everything in English.

"I was with the government, working in agriculture and came to the United States and was a teacher's aide making the minimum wage," he explained. "Fortunately I had been with many Americans while they were in Vietnam and picked up most of my English that way, but it was hard for awhile."

Many of the Indochinese come to SAC because of the support services like Vietnamese counselors and financial aid, but still there are some areas where many have problems.

"There is a mixture of cultures in the classrooms and they are not only trying to learn English, but also a new system," said Dean of Humanities Roseann Cacciola. "They do tend to go toward the sciences and mathematics."

Dean of Science and Technology Dean Strenger said, "The instructors try to have patience and try to understand the problems of individual students. Many instructors, though, have students not at a high enough level of communication to be in the classroom."

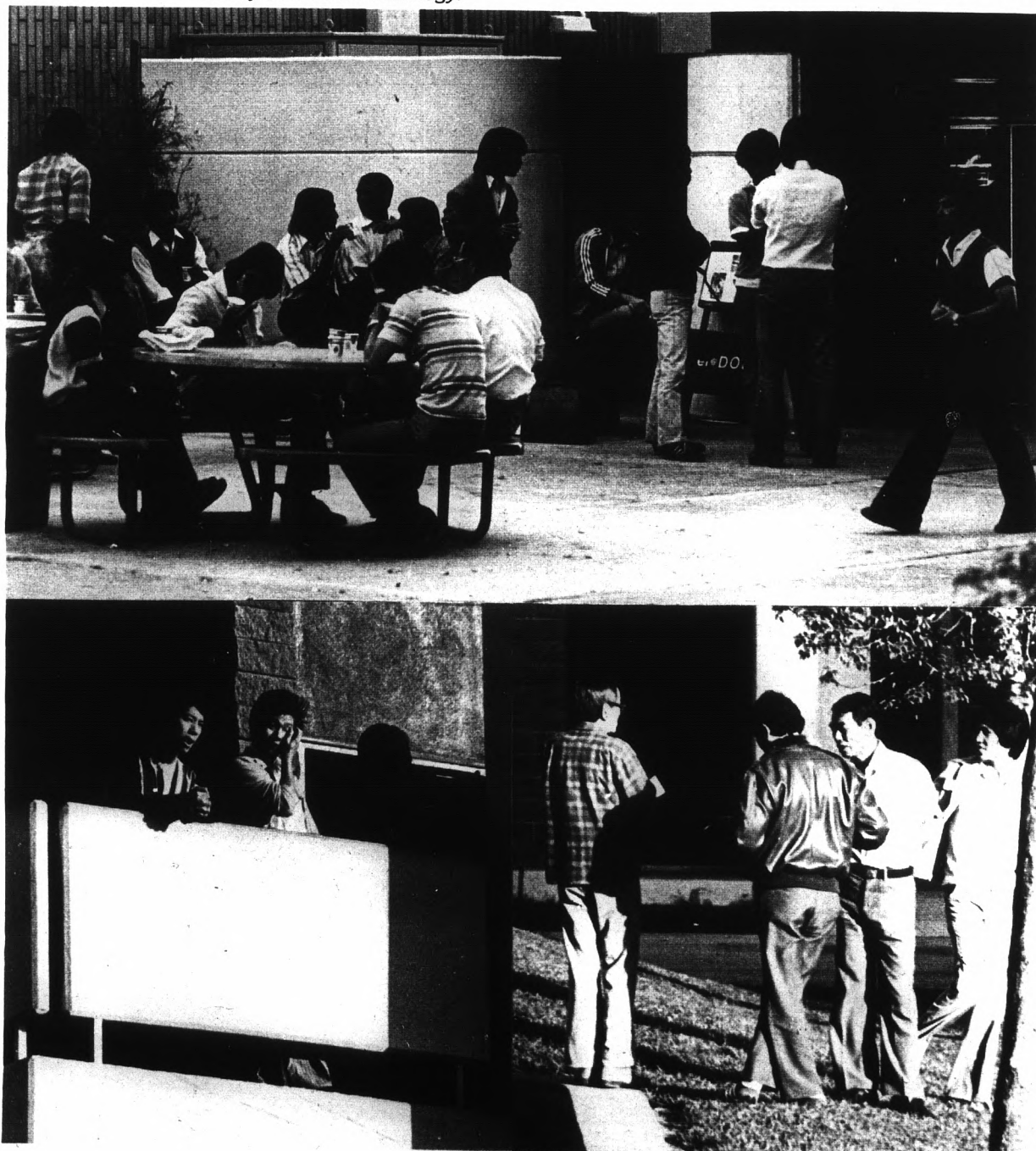
Nancy Kincheloe, instructor of Physics, has not run into too many problems. "I have to listen carefully and I write down everything they don't understand," Kincheloe stated.

There is a possibility that foreigners may have to take a test to make sure they understand English before taking any course. Such a policy already is being initiated by the Chemistry Department.

Cacciola is chairing a task force to look into the situation. "We're going to try to eliminate the difficulties, but it does take time to learn a new language," she said.

"It would be good for the instructors," said Nguyen, "but not for the students. They want to learn a skill as quickly as possible and get a job. They don't like being on public assistance and they work hard."

The problems of the new arrivals are tremendous, but just like most Americans, we all came from somewhere else.



el Dunga

VALIUM 35 (mg.)

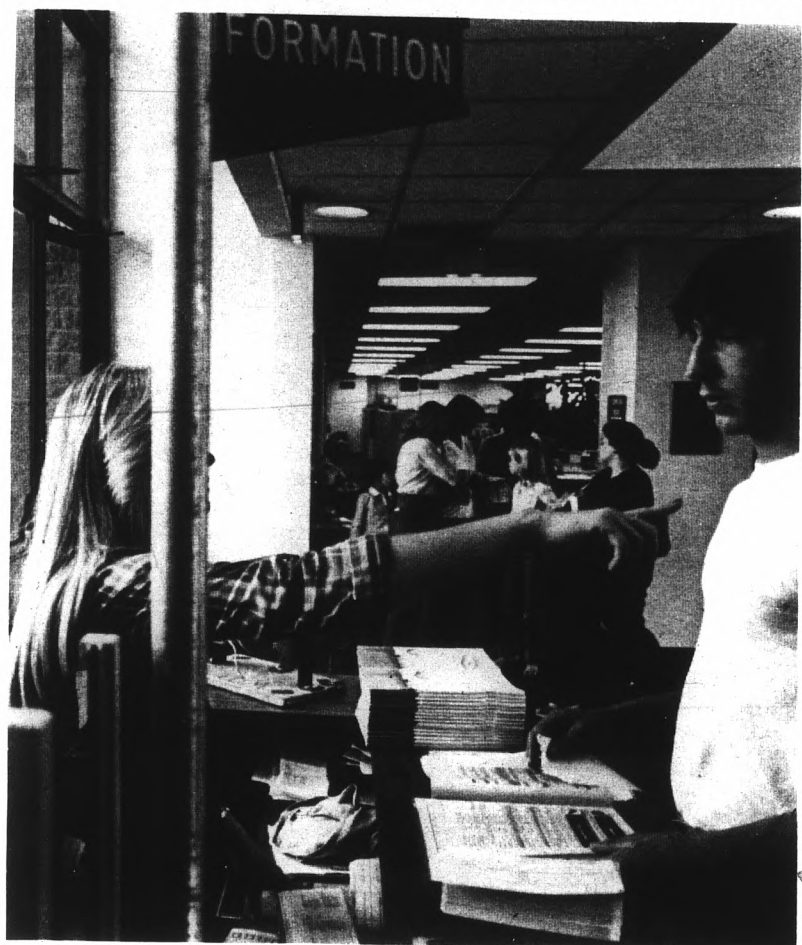
No. 2 (every four hours)

January 16, 1981

LAMPOON EDITION

"We are students of words: We are shut up in schools, and colleges, and recitation-rooms for 10 or 15 years, and come out at last with a bag of wind, a memory of words, and do not know a thing."

-Ralph Waldo Emerson



Designer conduit wins Armstrong, Carnahan trip

by Pete Maddox
Copy Boy

Dr. Vernon Armstrong, dean of Planning and Development, has now been listed in the "Who's Who in Designer Conduit."

Along with the listing, Armstrong has won a no-expense paid vacation for two to the San Onofre nuclear power plant. He has announced that he will take Bill Carnahan, the man in charge of maintenance. "I couldn't have done it without him," Armstrong said of Carnahan.

The award-winning piece of galvanized steel pipe is currently on display in the Administration Building. It may be viewed daily between 9 a.m. and 10 p.m., Monday thru Saturday. It is located between the ceiling and the top of the Information Booth.

Curator for the exhibit is Janet Grunbaum, who "woman's" the booth for the college. She says many people do not really take the time to appreciate the

work and the amount of thought that went into producing the piece. She says she is becoming irritated at remarks such as, "What's that?" which she hears repeatedly.

Some unsuspecting folks have not noticed the placement of the pipe and have injured themselves when they attempted to lean on the corner of the counter. However, upon receiving an explanation of the aesthetic value brought by this piece to the Administration Building, they have been very understanding.

Chuck Quiggle, of the mail room, called it "a masterpiece" and "a monument to man's ingenuity." Chuck has a smaller model in his mail room, but it was not entered in any competition as Armstrong and Carnahan felt its small size would limit their chances of being offensive in the eyes of the judges.

Anyone wishing to have a reproduction of Armstrong's work should contact him at his office in the Metal Shop. Carnahan will install the conduit in varying lengths, but only one color is available at this time: the natural, galvanized look. However, work such as this is backlogged and installation will take 3 years.

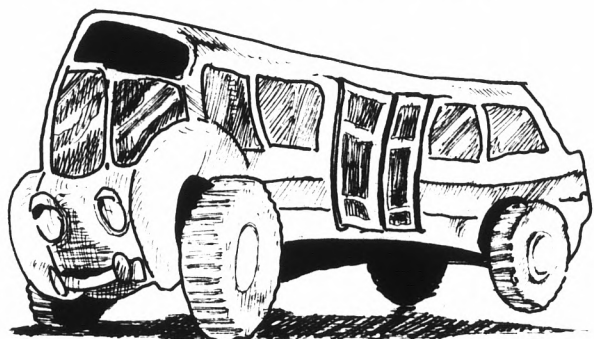
Weirdness on the OCTD

by Ken Murphy
Award-winning Cartoonist

The OCTD bus is an easy way to get almost anywhere in just about anyplace in Orange County. For a meager pittance of just 50 cents U.S. currency (exact change please...) a lucky commuter can be transported anywhere to his or her hearts content.

A pretty picture, eh? Well I believe that's exactly what the folks in charge of P.R. for the OCTD would like us to believe. Well, it ain't necessarily so... I myself, an avid commuter from way back, knows that just isn't so; I've seen some wild and violent things on my bus rides, and no one seems to notice, least of all the people in charge of riders' safety.

For example, on one particular morning, I was on my way to SAC and had to wait at a bus stop for over 20 minutes, all the while hoping that the bus would be on time, and so would I for my 9 a.m. class.



I was quietly sitting against a lamp post reading a book when, for no obvious reason, a rather large ogre-like fellow stumbled up to me and began giggling uncontrollably. He'd suddenly stop, then start giggling again, then stop again, then start again and so on.

This little encounter lasted for early 15 minutes, and I was beginning to get awfully tired of his constant laughter, so I put my book down to ask him what was so damned funny. He smiled suddenly and said, "I've been laughing for six months. (Short giggle). I'm on medication right now (again a short giggle). I've seen a psychiatrist!"

With that he burst into a peal of hysteric laughter. Then just as suddenly he stopped, becoming almost calm. I thought this fellow was finally going to leave me alone, when he stood up and wandered over, not more than a meter away.

I envisioned myself pulling the trigger of a high calibre handgun and seeing the approaching crazy's entrails blown out his back and onto the green manicured grass behind him.

He moved to within reach of me and I reached into the pocket of my field jacket, hoping that I **did** have a high calibre handgun with the safety-catch off, but I didn't. So I was quite sure that this fellow with the grating giggle, whom a psychiatrist couldn't help, was about to strangle the life out of me.

"Do you have a match?" he asked me, smiling his odd smile.

"No! No I don't!" I gasped, thinking that I would be immolated by this big crazy (I don't stand up under pressure very well when confronted by psychotics).

He good-naturedly smiled his twisted smile, and, giggling, he wandered off to inflict himself on some other poor commuter.

My bus finally came along and I was safe for the moment. The bus rolled off and I sat contemplating the static mood which had me on the watch for screaming (or giggling) psychos. I eased out of this mood and thought it rather paranoid of me to think I was to be strangled at the hands of some nut while waiting at a bus stop.

I should have kept my guard up... I heard a conversation going on behind and to the left of me. It was a couple discussing science fiction books. They sat across the aisle from a quiet Mexican laborer seated directly behind me.

The male half of the couple, a spindly limbed blond with freckles, looked over at the laborer.

"Hey!" he called. "Moo-ee bonita, no?" he asked as he jerked a thumb at his rather plain, dark-haired girl friend.

The laborer looked at me. I shrugged, so he assumed I didn't speak Spanish. He turned to the blond and said tiredly, "Uh, Si."

At this the blond became very angry, and began screaming, "You monkey! You g---mn f---ing heathen monkey! I aughtta f---ing kill you! You heathen f---ing g---mn monkey f---ing b---rd!"

He waved a set of drumsticks around as he screamed, preparing to jam them into the laborer's eye socket, but instead he slammed them against a steel support, making it ring loudly as he continued his barrage of obscenities.

The blond spit on the laborer in a rage, a bit spattered on my forehead. "You aiming at me?" I asked glaringly.

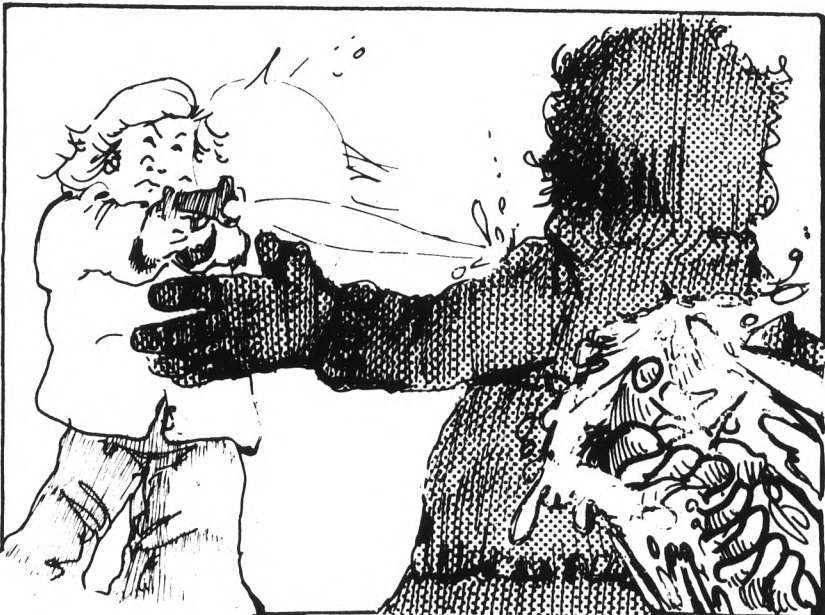
The blond, who looked a little like actor Michael J. Pollard, became serene, and said apologetically, "Sorry, but I was aiming at that g---mn monkey comin' between me and my girl...trying to break us up!" He turned back to the overly-tolerant worker and repeated his routine. All the while the bus driver and passengers pretended nothing was happening.

My stop came up, so I made a hasty exit toward the door, and that's when I noticed the sign: a set of six rules, which, if violated would have one thrown off the bus or into jail.

There are supposedly undercover security people riding the buses to make sure these six rules are enforced. But the blond had been ranting and raving and had violated five of the six rules (he hadn't yet played any music), and hadn't yet been forceably removed.

I suddenly got this disquieting feeling that those signs are there for show, with no real security folk on the OCTD's payroll, because there certainly wasn't one on board to arrest the crazy blond. But then I thought about it for a while. Maybe the **blond** was the security officer....

Now I know that these **are** rather bizarre circumstances that don't happen every day, but if I'm going to ride a bus, I'd appreciate the crazies riding on another.



Try to understand the heating problems

No doubt you have heard about the problems with SAC's air conditioning and heating. Many people voice only their complaints and do not try to understand the reasons for the delays in the attempts to correct the problems.

B building occupants have wanted air conditioning for years. They have complained without realizing the ancient relic of times passed is only temporary (as opposed to those other buildings on campus that are forever permanent). If they had really wanted air conditioning so bad, they would have installed word processors. Those machines require a comfortable atmosphere or they do not work (hint, hint).

Speech coach Ken Turknette was lucky his air conditioning wasn't fixed when he complained. Though bacon will keep for weeks in his office, just down the hall, where the corrections were made, that same bacon will cook in three minutes.

We at the newspaper would like to say that we back the policies concerning the air conditioning and we back them with *el Dung*. We want to voice our praise and really pile it on. Keep up the good work!

From the Opium Den

WHAT'S THE REAL STORY BEHIND POT?



by Pete Maddox
Editor/Dictator

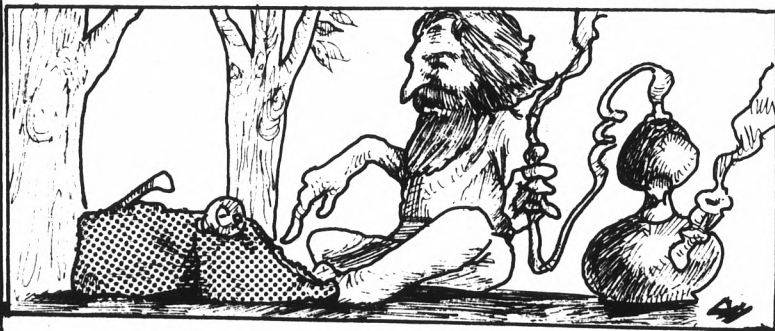
Does marijuana really cause permanent brain damage? Depending upon to whom you direct your query, the answer may vary from a vehement, "Definitely!" to an equally zealous, "No!"

Being the new Gonzo-type of journalistic breed that I am, I decided to find out for myself and settle it once and for all. I had a friend get me a "joint" of the stuff and I sat down in front of my typewriter to report my findings to you.

First, I was surprised to find that marijuana not only grows exceptionally well in this area, but it also comes in different colors. I was told the purple flowers of the female plant provide the nicest highs. So I figured I'd try some.

It tasted sweet and I coughed a lot, but he said I just wasn't used to smoking and it would be all right. So, I continued my investigation.....

Though I have now finished the entire joint of what he called "sensemilla," I have yet to notice any "high." What I have noticed,



though, is how much I really enjoy watching the keys of my typewriter strike the paper, leaving traces of ink in patterns that enable me to transmit my innermost feelings to people I don't even know. Well, maybe not my INNERMOST feelings. I mean, how many of us are willing to share our real selves with people we don't even know? When I think those thoughts, I...uh.....

Oh, sorry. Where was I? Oh yeah, I was wondering what it was supposed to be like to be loaded. That's what they call it, "loaded." Well, I'm still not high. Maybe I'm trying too hard and simply controlling my subconscious thoughts and I'm actually convincing myself that I am having no reaction to marijuana when I really am, really.

But how would I know if I was really experiencing a high or just thought I was? I mean, you know what those mind control people say we can do with our minds if we just set them to task. They say you can do just about anything you want to and...uh....

Maybe I got some bum stuff. I haven't even felt a little buzz yet, let alone a high. If this is the good pot, how can they say it causes brain damage? What's the bad weed like then? When I say, "Bad," I mean poor. You know how meanings change from generation to generation. I mean, bad used to be bad a long time ago; now it's good. Language is such a strange phenomena, don't you think?

With language, I can sit here and prove to everyone what happens to a person when he smokes marijuana and it is absorbed into his system and distributed to each little capillary throughout his body and brain.

Brain...brain...oh yeah, the brain. I don't understand why they say this stuff causes brain damage or makes one lose his train of thought. Boy, it's getting late. It's really kind of nice, but I don't have any sort of high. Boy, I'm hungry. What time is it? Does anyone really know what time it is? You know, the other day, I was...uh....

I'M HERE TO PICK UP
A PARCEL!

BUT WE'VE
ALREADY SENT
YOU PEOPLE A
CHECK! IT MUST
HAVE BEEN LOST
IN THE MAIL!



Dung Stabber

Maddox wins scholarship

Pete Maddox, editor of *el Dung*, has been awarded a four-day scholarship to the university of his choice. Maddox has not decided which school he will attend, but stated that Cow Pattie, Pomona was a strong contender. "It offers such a wide range of fresh materials," commented Maddox.

Benitez honored

Gilbert Benitez has been named SAC Employee of the Month. He will be recognized at a special luncheon tomorrow at 1:30 p.m. Though no administrative personnel will attend, friends and relatives are invited. The location for the event is the lunch room at the unemployment office. Guest speaker will be Ida Rotcher.

Wenrich hospitalized

Dr. Bill Wenrich, SAC president, was hospitalized this week for what his attending physician termed "terminal listening." He is expected to be released in a few days, but will have to follow a rigorous plan which calls for him to "do" something.

Rogers expands seminars

Neal Rogers has announced plans to expand his seminars on "Writing Resumes and Changing Jobs." The response to his last classes was so

great, he added a second instructor. Donna Hatchett will assist Rogers in seeking personnel for the course and training them. Those interested in attending will be ordered to do so in the coming months.

New contests slated

ASSAC has scheduled new contests this year after receiving so much criticism over their goldfish-eating contest. Force-feeding hot dogs to ASSAC Senators, Coed mud-wrestling, Cram-apie and Beat-a-Kid are just a few of the fun-filled contests planned to help one further his education at SAC.

Library rules toughened

With the limited space in the library, new rules have been implemented in order to aid students with their studies. Among the strongest of the regs is the one pertaining to talking. Any foreign students caught talking inside the library will be shot. All U.S. citizens caught talking will be forced to check out a library book and read it.

New class offered

"Finding Gas Leaks with a Flick of Your Bic" is the title of a new class offered by the SAC maintenance crew. All applicants will be expected to fail the standard aptitude test prior to admittance.

Letters

to the Editor

I have been wanting to write you a letter for quite some time. It seems that you folks think your *el Dung* doesn't stink. Well, I'm here to tell you it does. You are surely asking yourself why I should feel this way. Well, I'll tell you why.

I have been reading the *el Dung* as often as it comes out and I am disgruntled. Nay, appalled by your shoddy gonzo-like journalism. I mean grammatical errors and the like. Ha, you call yourselves journalists. You people couldn't get the punctuation correct on a gravestone.

What ever happened to the good old values, placing God and country above all else? You, sirs, and madames, are liberals. And what's worse, you're subversive liberals!

Why, this country has its golden hours approaching. We have a new president ready to lead us down the road to war with these little foreign subversives who probably have beards and scream about this first amendment crap too. Now, I've read where the average age of SAC students is near 30. Well, when Ronnie takes the country by the reigns, he'll show you what discipline means. No more of this freedom of speech crap. I know we can't get all of you, but there's enough of you who are of draft age that we can teach the majority of *el Dung* staffers something about the facts of life in this land!

Your type of college-boy mentality is forever directed toward such ridiculous ideas as saving whales for God's sake. If we

stop slaughtering the whales, what the hell will my wife put on her lips, paint? Whales are intelligent, eh? I've never heard one talk to me, and I've been to Sea World.

Next thing you know, you'll be wanting to let foreigners into our country who lost their own war and deserve everything they got.

Getting back to the subject, you guys are full of *el Dung*! I'm tired of having to read about the things that go on here that no one is supposed to know about. Why can't you let things just happen without trying to get involved?

That isn't what America's all about anymore. It's every man for himself now and remember, he who tries to maintain his individuality, usually comes to a bad end.

Now, take my advice. Get a job, cut your hair, quit asking questions and some day you will see that the rewards are many for those who sell themselves short.

One more thing. Next time you consider inserting *el Dung* into the paper, try something different, stuff it!

Sgt. D.K. Head

el Dung is a worthless newspaper aided by the Rancho Santiago Community College District Bored Trustees, and despised by the administrators. Published every now and then by radicals in the journalism department at Santa Ana College, *el Dung* is dedicated to the task of poking fun at the truth and inflaming its readers.

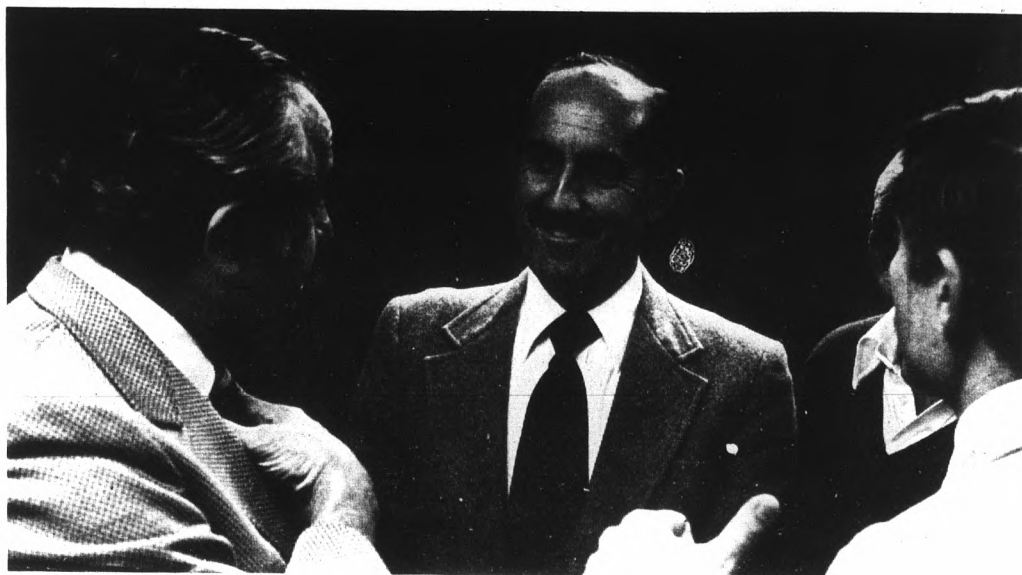
Staff columns and commentaries are absurd and done in poor taste; therefore, should not be taken internally. Editorials are done at the last minute and require no thought. All letters should be delivered to the *el Dung* men's room. All letters must be anonymously scribbled in a foreign language and should not exceed 3 to 4 words. *el Dung* reserves the right to take any portion of any letter out of context and use it support our own vicious truths, justices and the unamerican way. So there!

Editorial Charles Weldon Maddox
Unmanageable Editorial Laura Lies Mencum
Gnews Liza Rightfield
Featuring The Linguini Sisters
Not So Entertaining Alice 'AKA' Casablanca
Spirits Dave 'Pooper' Scooper
Adpervtising Steffen Ambraless
Pornography Mike's Shorts
Circumcising Ball N' Hammer
Ill-advisor Terry Cloth

Stuff: Less Mentality, Lisa Frontals, Fair Gamies, Grizz Gragwalled, Gin Mill, Mikey Scroll, Brown Lion, Julie Mitchell Bros., Can Morphine, Kitten Polish, John Sodomy, Sandy Watermelons, Tie One On.



Don McCan't, director of student non-services, recently displayed his support for the formation of the gay student union on campus.



Oh yeah? Well I'll let **you** take care of the **el Dung** and I'll take care of the ASSAC Senate.



State Senator John Sch(m)itz (center) narrowly missed being hand-picked for President-elect Raygun's cabinet.



"Gee Mom, can't I do it just 'til I need glasses?"



Having received great response to their Veteran's Building Ride to the Moon, SAC maintenance workers are



Raggedy Andy shortly before his recent arrest for impersonating a student body president.



The Learning Center has announced that a tutor is now available for a new "Hands-on" test review program for Anatomy-Physiology.



SAC administrators (with tape measures) are shown here at the el Sleeze singles club in El Segundo scouting for out-of-town secretarial help.



Perfected Percussion

Rock and jazz music are alive again in Phillips Hall -- that is they will be this Sunday, Jan. 18, at 7 p.m.

Ralph Humphrey, whose drumming ability may be heard on the latest Al Jarreau album or on a Frank Zappa album, will make a special appearance.

In conjunction with the concert, Humphreys will hold a seminar on drums tomorrow at 1:30 p.m. in Phillips Hall. The public is invited to attend free.

"The concert will be more exciting," says conductor Steve Traugh, who has directed the SAC Percussion Ensemble for five years.

The 15 members of the ensemble will use a variety of unusual instruments including a xylophone, marimba and chimes.

Paul Simon's "Late in the Evening," Louie Belson's "La Bande Grande," and "Geographical Piece," which features rhythmic use of the voice, are a few of the songs that are to be performed.

Traugh, who teaches percussion, jazz and rock drum set, and music copying classes, said the ensemble recently won second place in the All Western Competition, which included many four-year colleges.

Admission is \$2. \$1 for senior citizens and children under 12.



OUCH! WHERE'S THAT LUMP? -- That's what Alice M. Reich, dressed in her Princess Winifred costume, seems to be saying as she searches for the cause of her distress.

(Photo by Mike Schwartz)

'Once Upon a Mattress' brings fantasy to SAC

by Kitty Pavlish
Staff Writer

Fairy tale days of fun and frolic are just around the corner when the Theatre Arts Department presents its version of the comedy **Once Upon a Mattress** on Jan. 23, 24, 30 and 31 at 8 p.m. and 2:30 p.m. Feb. 1 in Phillips Hall.

The play is based on the fantasy **The Princess and the Pea** and is set in the year 1428 in the kingdom of King Sextimus the Silent.

For those of you who may not remember the story, the following synopsis will serve as a refresher: King Sextimus was made silent by a spell, and his wife, Queen Agravain, has taken over the reins of rule. She controls everyone and everything in the land, especially her son, Prince Dauntless.

The Queen does not desire Dauntless to marry, so whenever a princess comes calling, the jealous mother devises impossible tests and tasks to be completed before she will deem the girl "a true princess and, hence, suitable for her son."

This continues for quite some time until, finally, the Queen meets her match in the strong-willed Princess Winifred whose kooky ways and kindly manner win the hearts of all, including the Prince.

The play is a musical as well as a fairytale, and, hence, it will be peppered with various songs and dance numbers.

According to Sheryl Donchey,

theatre arts instructor and director for the production, the show is being performed solely by members of the Musical Theatre Workshop, a SAC class specially designed by Donchey to prepare continuing theatre students for real-life auditions.

The ruling royalty for SAC's presentation is as follows: Alice M. Reich as Princess Winifred; Drew Johnson as Prince Dauntless; Colleen Ruth Spann as Queen Agravain; Chris Logan as King Sextimus the Silent; Sylvia Tomaselli as Lady Larken, the royal daughter; and Tony Di Domenico as Sir Harry, Larken's lover.

According to Donchey, the show is being constructed in a very professional way.

"We're doing this in only a little over two weeks," the teacher pointed out, "which means only 15 total days of rehearsal. The students in the show are really very energetic, though, and they're working very hard. And considering our time limit, things are going fairly well."

Donchey added that the original version of **Once Upon a Mattress** was very well received when it was first presented in New York in 1959, starring then-unknown Carol Burnett as the Princess. Since then, it has continued to lure the crowds.

Perhaps that is because one can still find respite from this worry-ridden world through the doors of the magical and make-believe theatre.

Calendar

January 17

"Managing The Stress Of Daily Living"
(C-104 9 to noon)

January 18

Percussion Ensemble with Steve Traugh
(Phillips Hall)

January 20

"Exploring Your Options With Tests"
(D 213 12:30 - 3:30)

People Samplers

(Inn At The Park, Anaheim 8 - 12 p.m.)

"Voyagers and the Giants"

(Tessmann Planetarium)

January 21

"A Journey of 1,000 Miles Begins With...
The First Step!"
(Faculty Study 12:30 - 2:30 p.m.
or Jan. 24 9:30 - noon)

"...And The Next Step: If You Don't
Know Where You're Going,
You'll Probably End Up Somewhere Else!"
(Faculty Study 1:30 p.m. or
Jan. 27 12:30-2:30 pm)

January 28

"Non-Traditional Careers--Why Not You?"
(Faculty Study 12:30 - 2:30 p.m.)



SWING YOUR PARTNER -- Professional caller Skip Stanley is teaching a beginning square dance class as part of the Community Services Program. The class meets each Sunday from 6 to 9 p.m. in G-108 and runs through April 12. Booklets for the Community Services Program-Spring 1981 are now available.

(photo by Mike Schwartz)

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YOU GET:

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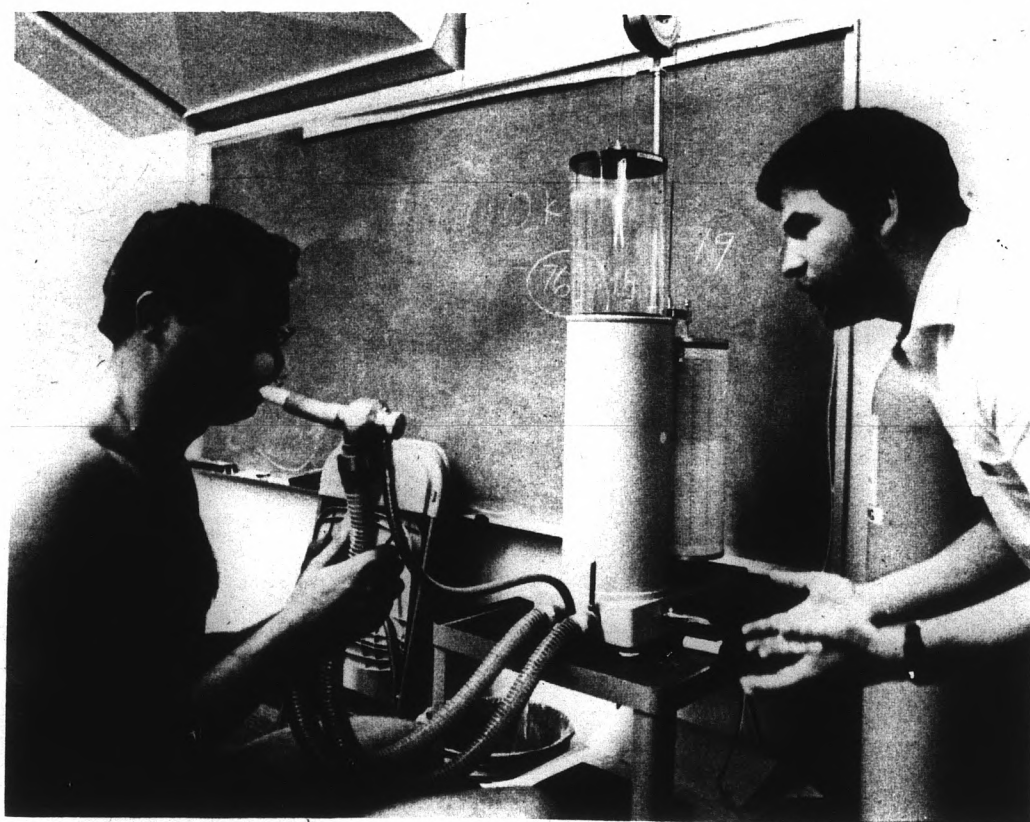
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Shaping Up

el Don reporter John Soderman gets a thorough check at SAC's Fitness Assessment Center. (counter-clockwise from upper right) Fitness Center Technician Ken Miller encourages Soderman to exhale fully for a lung capacity test. Flexibility is measured on a device designed by Fitness Center Director Don Sneddon. In the water tank (also designed by Sneddon), body fat percentage is calculated from body weight and water displacement. Test measurements are fed into a computer and Sneddon discusses the results with Soderman. While on the treadmill, blood pressure, pulse, respiration and a stress EKG are taken as difficulty is slowly increased.

Reporter put through the paces; fitness tested at SAC center

by John Soderman
Staff Writer

No doubt we've all heard of the athlete who was devoted to his sport above and beyond the call of duty.

Take the minor league baseball player, for instance, whose wife claimed he was so dedicated to his sport that when she took her bra off he saw two baseballs (a true story).

Or the football player who couldn't get fitted for contact lenses because his pupils were oval-shaped (not documented).

Unless these two fanatics went through SAC's Fitness Assessment Center, they might not have been as devoted as they would like to have thought.

The center, located in G-106, is a small room where seven basic tests are performed. After going through the exams, a person's physical fitness is analyzed by a computer and the results are then used to prescribe an exercise program for the individual.

"Based on the results, we can prescribe a program that will be safe for the student," explained the center's director, Don Sneddon. "We started in a closet three years ago perhaps testing 15 students per semester. Now we run approximately 250 through each semester. We've tested the Santa Ana and Buena Park Fire Departments and soon I will be testing major leaguers Rick Bureson of the Angels and Glenn Hoffman (Boston). We've tested people from the ages of 17 to 75 and we've even tested wheelchair students," the fit-and-trim Sneddon stated.

Dodger pitcher Jerry Reuss is a living example of the benefit of having one's fitness analyzed. Prior to the 1980 season Reuss had his tests done in Inglewood under the supervision of famed sports medico, Dr. Robert Kerlan.

Reuss explained the findings: "The tests revealed that I had weak muscles in my back. Certain Nautilus exercises were prescribed and as a result of building certain muscles in my back, my fastball had more movement than ever."

Reuss went on to record his finest season ever including a no-hitter. The change prompted writers to refer to his transformation as from a Volkswagon to a Rolls "Reuss."

Completion of the test spans four appointments, Sneddon explained. In the first appointment a resting EKG is done and the results are professionally interpreted by a physician. Next, a pulmonary function test is performed where the capacity of one's lungs is measured. Strength and flexibility then are measured with the use of specially calibrated devices. Finally, a body fat exam is done by a skin fold procedure.

The second appointment involves the work capacity test or stress EKG and is probably the most strenuous phase of the analysis. In these test EKG's, blood pressure and pulse rate are fed into a computer while the person being tested is on a treadmill. The exam can last anywhere from under one minute to over 30 minutes depending upon the cardiovascular condition of the person being tested.

The third appointment consists of a personal consultation where the subject is presented a booklet listing all of the results. At this time a program is prescribed that will be safe for the individual. One student said, "He spent a whole hour just explaining the results and suggesting a program."

The fourth appointment is optional. Body composition is measured underwater in a large tank designed by Sneddon. The results can then be compared to the skin fold method since there may sometimes be a discrepancy.

One other exam that is also optional is the blood chemistry test which requires an additional lab fee.

If a person were to have the tests performed elsewhere, the cost would easily exceed \$300. Sneddon is offering the test for \$15.

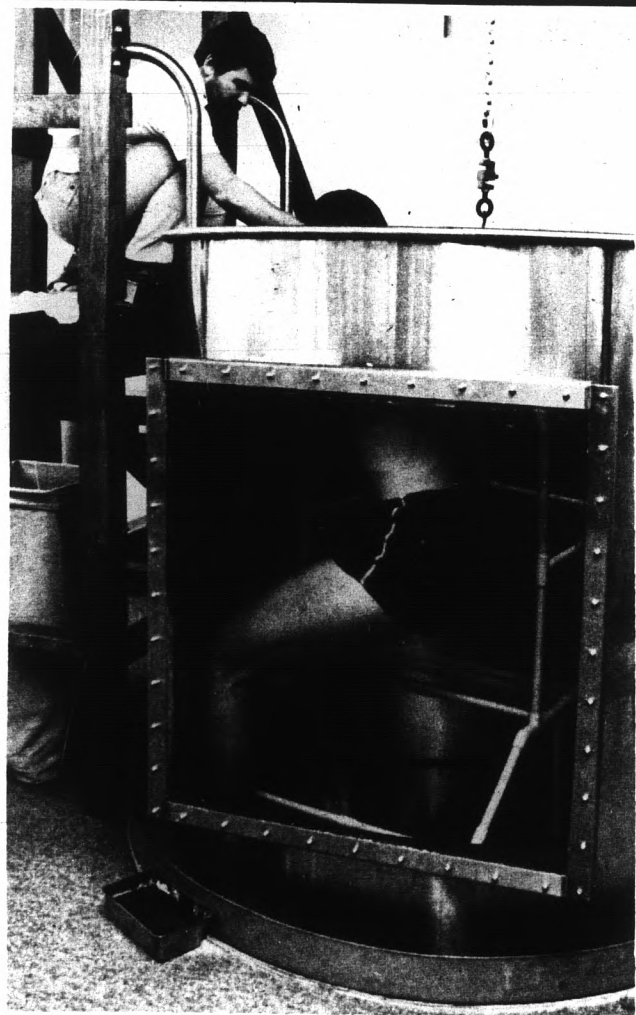
"The analysis gives specific information as well as realistic goals for the person to work towards. Although I've had some who were pretty depressed when they left, I'm sure they knew more about themselves," said Sneddon, who also serves as SAC's Assistant Baseball Coach.

Those interested in registering for the tests should enroll in P.E. Activities 100-Personal Fitness Analysis.

"I think a lot of students don't even realize that such a program is available to them. I just want them to know that we are here," he stated.

Considering the cost, it would seem that having something such as one's health evaluated for \$15 would be a bargain...make that an investment.

(photos by Mike Schwartz)



Winning feeling aroused for spring

by Dave Cooper
Sports Editor

GOLF

Like most first-year coaches, golf instructor Dick Gorrie is in a word...eager.

Eager to start the season, eager to begin working with his team and eager to begin his program.

"It's an unusual way to begin," Gorrie stated, having taken over for Arlin Pirtle who passed away in 1980. "It's going to be an interesting year, though."

The Dons tee off for the first time when they travel to Palos Verde in the first leg of their mini-tour. Set for Feb. 9, the match against El Camino will be the first part of the pre-season schedule that will also see them play Long Beach and Orange Coast.

"My only goal for the season is to go out and be competitive," Gorrie commented. "I look for this team to improve every week."

The coach feels that returning letterman Gary Hambricht will be the top player on the squad. "He could be one of the top golfers in the South Coast Conference," Gorrie added.

Heading into the schedule, Gorrie believes his team is destined for the middle of the pack as of right now. But, as he explains, "I haven't seen any of the other teams yet, but the SCC is always tough. I think the winning team will have to average in the 70s."

SAC opens SCC play March 2 when they trip to Mt. SAC for a noon match. "We've just got to avoid slumps," Gorrie concluded.

BASEBALL

To hear SAC baseball coach Jim Reach talk, you'd think he was in the American League's Eastern Division.

It's the East that continually has five of its seven members play over .500 ball, but it is also that same league that sees only one team go to the playoffs, while other divisions send clubs with poorer records.

"We are one of the best teams in California," Reach remarked as he prepared for his season opener Feb. 13, when the Dons host Placerville. "When the first (Sports Information Directors) poll comes out, we'll be in the top 10 in Southern California." SAC opens league play March 14 at home against Orange Coast.

So what does Reach have to worry about? It would appear that he has a lock on the South Coast Conference Championship, but it just isn't so.

"We'll be in the top 10, but I also know that in that same poll will be Cerritos, Orange Coast, Fullerton, and either San Diego Mesa or Mt. SAC. All SCC teams."

While the veteran coach admits that his club will not be the favorites in the rugged league, he still feels that his club can occupy the spot the Yankees grabbed in the East if a basically freshman pitching staff can mature in time.

"Right now, we are as good as anybody in the starting eight," Reach remarked of his outfielders, infielders and catching spots. "The key area will be on the mound where OCC returns three starters, Fullerton has two

lettermen back plus a transfer from Oklahoma State (who'll be a No. 1 pick in the baseball draft) and Cerritos has two back."

SAC must overcome the loss of last year's sensation Dick Ownbey, who went on to play with the New York Mets single-A affiliate at Lynchburg. Reach has the people to do it with, he feels, with Frank Spear out of Mission Viejo and La Quinta's Rick Lepire, who pitched his team to a CIF 3-A title.

Optimism, optimism and more optimism is the only way to describe what the golf, baseball and softball team coaches are experiencing as they head into their respective seasons.

For softball and baseball, the predictions include possible league titles and no doubt playoff berths. For golf it is just too early to tell. But here's an early look at how the teams shape up.

"This year's pitching is potentially very good," Reach commented. "But most of the freshmen have not made the mental adjustment of going from high school to college." According to the coach, who has guided the Dons to three consecutive second place finishes, the first-year players have to get used to playing baseball day in and day out, something they just didn't do in high school.

"Most of the incoming group played about 22 games a year at the most before coming here," Reach remarked. "But here in our program, with our outside team we play on that isn't related to the college, we play almost 100 games a season."

"So I have to be a master psychologist. I have to get my players to avoid the peaks and valleys of not getting too high when they win and not getting too down in the dumps when they lose."

Reach thinks he can accomplish this with the help of two key returnees—Mike Rupp and Dave Lucas.

"They're not outgoing rah-rah types," Reach said of his team leaders, "but they lead by example. Mike will play third base and probably bat third in the lineup while Lucas is probably the best defensive shortstop in California including the four-year schools."

The club will be strong up the middle with Lucas anchoring that key area, while Doug Newark, a switch-hitter will play second baseman and either Scott Hood, Paul Brooks or Rich Gray will handle the catching chores.

Reach's 1980 club posted a 29-9 record (a SAC best) and set 41 team and individual school marks in finishing a notch behind California champ Orange Coast in the SCC, but he still feels the '81 squad can be better.

"This team has more potential than last year's squad," Reach remarked. "We're fairly quick offensively, but we are going to have to execute consistently. We can't afford to strike out because we just don't have the power we've had in year's past."

"Last year we finished second to Orange Coast and they won the (California) championship," The coach continued. "Two years ago we were second to Cerritos and they won the championship and the same thing happened the year before that. But it is fun and exciting to play in the SCC. It's pressure all the time, but it's great. I love it."

SOFTBALL

In the words of Roger Wilson, the 1981 edition of SAC softball "is going to win this thing."

The "thing" is the South Coast Conference championship and with only one returning starter from last year's squad, the second-year coach's prediction seems all the more amazing. But, Wilson insists the team is much improved from 1980.

"Offensively," Wilson offered, "We are going to have more punch than last year. Last season we had maybe three players who we could count on with the bat, but now we have at least seven or eight who can hit well."

Heading the list is 1980 standout pitcher Charlene Kela, who returns with her near-.300 batting average and sub 1.00 E.R.A. Coming over from Hawaii to SAC last year, Kela turned out to be the player the Donas counted on in the conference race and Wilson expects that to happen again.

"She is still the premier player on our team," Wilson explained. "She's the one who's going to make things happen for us offensively and defensively."

Wilson feels his squad is weakest in the outfield and in fact is still looking for any interested women to contact him about playing for the school. "Our catching will be stronger, though," Wilson remarked, "so that will make up some of our deficiencies of last year. We lost games because we couldn't stop people from taking second base or third. Now we have a girl who can handle the pitch and doesn't let the ball get by. Plus she can throw well."

Another one of the problems last year, though, was a mid-season injury that felled Kela for several key games. Up to that time she was the only hurler on the Dona roster and the loss forced Wilson to use a player who didn't even want to pitch. The optimistic coach feels, though, that in this year's recruits he has three adequate backups he can rely on to fill in whenever needed.

While officially the season starts Feb. 10 when the Donas play San Bernardino here at 3 p.m., the squad will get an early test Jan. 27 when they scrimmage Cal State Fullerton, a team that was in the national playoffs.

The Donas open league play March 4 in a 3 p.m. match against Cerritos.

McMillan honored

Water poloist Jim McMillan, SAC's leading scorer as a freshman this season, has been named to the coach's All-American team according to coach Bob Gaughran.

McMillan was one of seven players from nearby Foothill High who helped pace the Dons to a 20-8 record the past year. Santa Ana finished second in the South Coast Conference derby.

In addition, Greg Terry joined McMillan on the All-SCC first team, while Bob Gaughran, Jr. made the second squad.

Terry Veters, who came to SAC via San Antonio (Texas), was picked as an honorable mention along with goalie Ian Haskins and Steve Casparite.

Both McMillan and Terry were named to the Southern Cal All-Star team, Jim on the first squad and Greg on the second.

Grapplers look to playoffs



TRAPPED -- SAC wrestler Joe Casias (on bottom) has been hampered by injuries in his

attempt to regain the conference title he won last season.

(photo by Mike Schwartz)

If the Santa Ana College wrestling squad had a theme song, it would have to be Linda Ronstadt's, "Hurt So Bad."

If the Dons were looking to make their mark in television, they'd surely have a spot in a resurrected **Medical Center**. As the patients.

To put it mildly, SAC is suffering from the injury blues.

"It's incredible," sophomore grappler Joe Casias remarked in wake of the maladies that have hit the team. "We only have five guys wrestling."

This season has given Coach Dave Alexander a rude welcome in his inaugural campaign as the Don mentor, after taking over for Frank Addleman,

who's on sabbatical leave. A promising year, has turned to near disaster.

Still, the Dons have a chance to send men to the state finals at Rio Hondo Feb. 6 and 7. The way it works, a wrestler can qualify if he first finishes no worse than third in the South Coast Conference finals (Jan. 23 at Orange Coast) and then places in the top four at the Southern Cal Sectional (Jan. 30 at Palomar).

SAC will compete in two warmups for the playoffs, traveling to the College of the Sequoias for the North-South All Star meet Jan 17 and then journeying to Chaffey for a 7:30 p.m. meet Jan. 20.

Casias for one is confident that he can at least pass the first test and even win the conference title he captured as a frosh in the 158-pound weight division.

"I think we'll do well in the conference," Casias said optimistically, and hopefully...injury free.

Coop's scoops

el Don in review

by Dave Cooper
Sports Editor

As we all come to the end of fall '80, I thought to myself, "What better time to review my performance as el Don sports editor?"

It wasn't easy, criticizing yourself never is, but I decided to let statistics tell the story.

Since football is the sport that draws the large crowds I felt justified in the fact that 28% of the sports stories in el Don were football-related. It computes to more than twice as many grid articles than the next closest, basketball (19-8) and close to three times as many as the highest ranked women's sport, volleyball, which had seven stories or 10%.

A lot of people would probably call that unfair and unbalanced and looking at it from the reader's point of view, it probably is.

For some reason, though, sportswriters on the paper this semester were rare. While there were five in Spring, 1980, there were really only three this time around.

They—John Soderman and Ken Lamb—were two of the better writers on the staff that assisted me, but I continually found myself putting too much of what I wanted to see or what I wanted to cover in the paper. Deadlines seemed to come quicker every week and as a result, many a promising story bit it.

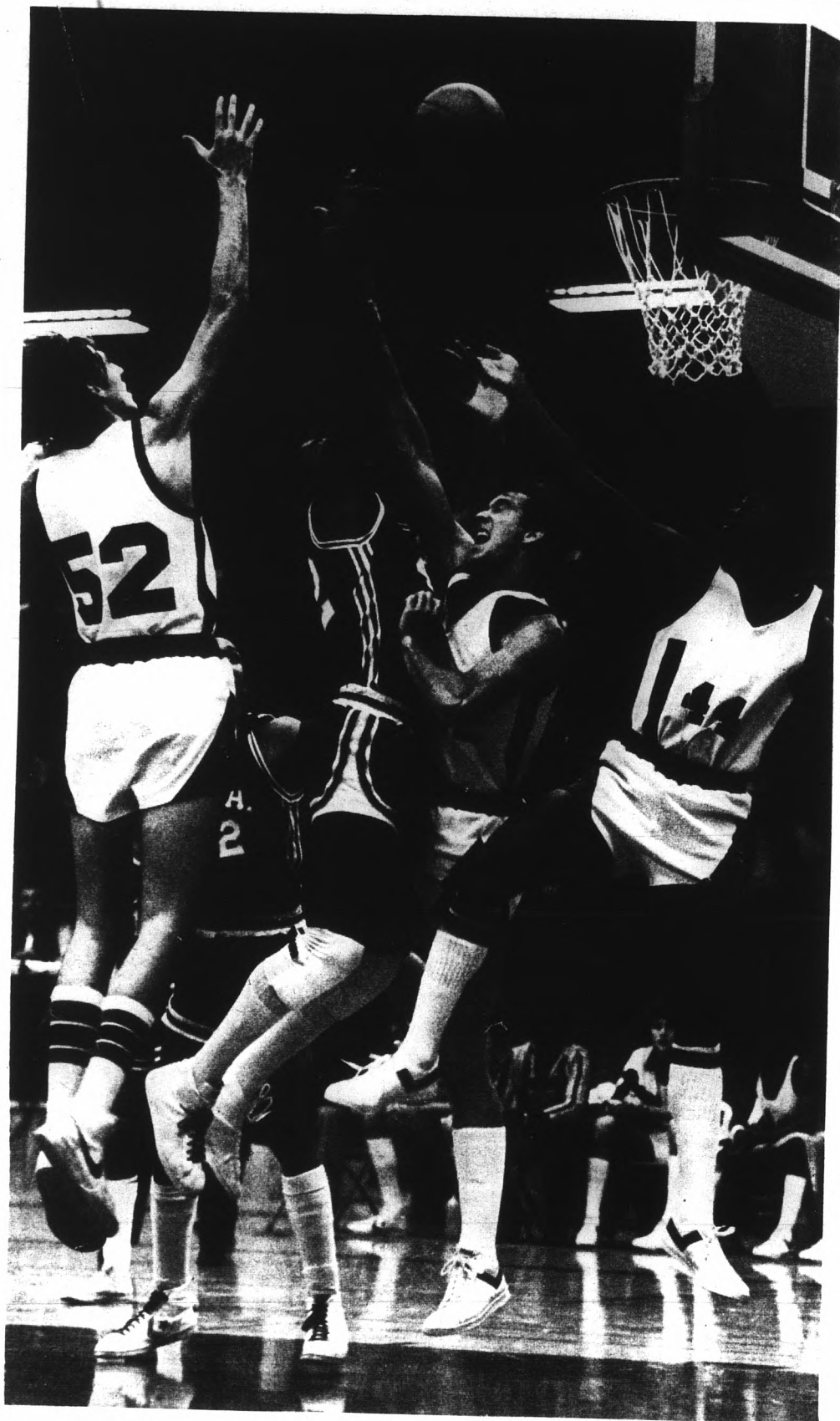
A recent example of this is the never-realized second part of Women in Sports. Trying to get hold of the coaches at Golden West and Orange Coast for the story proved difficult and I just didn't have the time to pursue it at the cost of other important stories.

My likes and dislikes came to bear even more when looking at some of the other sports in respect to the coverage they received. Two of my least favorite sports, Water Polo and Cross Country, had only four and five stories respectively written about their teams.

So like I said, it came down to what I liked to cover. But that is where any of you who read this can come in. There are plenty of openings for writers this semester, part-time or otherwise. The SAC coaches are some of the nicest and most approachable around and it's a pleasure working with them and you could do it too.

But enough recruiting, here's the entire breakdown of sports stories in the el Don, with the number of articles first, then the percentage of the total stories (66).

Football—19 or 28%; Volleyball—7 or 10%; Basketball—8 or 12%; Columns—6 or 9%; Cross Country, Soccer, and Wrestling all 5 or 7%; Water Polo and non-athlete profiles both 4 or 6%; P.E. Classes 2 or 3% and Part One of a one part Women in Sports—1 or 1%



REJECT -- Displaying an almost youthful exuberance, SAC backup center John Witherell (22), shows off his shot-blocking ability. SAC is among the league leaders in the South Coast Conference, while posting a 16-8 mark in all games.



BRINGIN' IT DOWN -- Witherell considers his main asset to be his rebound positioning as demonstrated here. Witherell and the Dons host Fullerton tomorrow in an early test of conference supremacy in a 7:30 p.m. game.

Witherell boards the Dons

by Dave Cooper
Sports Editor

In 1977, like most seniors fresh out of high school, SAC's John Witherell was undecided about his future.

After being named all-South Coast League in his final year at San Clemente High, the native Orange Countian had to make a decision. College, work or basketball. He decided on school.

But while attending Saddleback J.C., the desire to prove himself in the sport he loved haunted him, until he finally decided to return this year.

"I wanted to prove to myself as well as others that I could compete," Witherell explained of his decision to play basketball at SAC. "Coming out of high school, I found that basketball was a lot different at the community college level. It was more like a business. I just wasn't ready for that."

Still, despite his all-league credentials, Witherell knew that it would be difficult to come back after a three-year layoff. In the world of collegiate sports, he suddenly became a stranger to a once-natural activity.

"I guess the physical part has been the most difficult to adjust to," the 6-6, 22-year-old offered. "Basketball means quick action and the layoff hurt as far as knowing what to look for on the court." Lack of stamina took its toll too. "It's meant a lot of aches and pains."

Yet Witherell has come back strong. Now he's the man relied on to back up SAC's big men, 6-9 Jim Galla and 7-0 Steve Frederick.

In basketball terminology, John's a postman. But instead of delivering points like Galla and leading-scorer Frederick, Witherell is responsible for bringing home the rebounds and playing solid defense.

"I think my biggest asset is my rebound positioning," said Witherell. The Don cager is expected to play tomorrow evening, when SAC puts its conference-leading record on the line, hosting Fullerton at 7:30.

"Right now, it's just a matter of anticipating (rebounds) and getting that split-second jump on my opponent."

Though his high game has been but 12 points against Contra Costa in December, Witherell strongly believes he is improving, especially physically.

"I feel really strong right now," the soft-spoken Business-Journalism major remarked. "Recently I had some problems with my lower back, but I'm healthy now, and the last few games I think I've played some pretty good defense."

Like most of the SAC players, Witherell is grateful of the job coach Rolland Todd has done in leading the Dons to 16 wins in their first 24 contests, including a 2-0 league record. "Every thing that he said was possible has happened so

far," the receptive student explained.

For now, Witherell is satisfied with his role. Like most players, he wishes he could score a little more often, but he thinks that's just a matter of timing.

"I've been shooting in some bad luck," he offered, then concluded thankfully, "I wasn't enthused about playing (before coming to SAC), but I'm happy now. I guess it was just a fact of needing a little more maturity."

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